# 4<sup>th</sup> China-Shanghai International Symposium on Taiji Health & 17<sup>th</sup> China-Shanghai International Symposium on Qigong Science

(Second Announcement)

Shanghai, China

October 15 to October 16, 2023

Theme: Taiji Health & Wisdom of Qi

Venue: Hai Shang Li Yuan Building, 4th Floor, No. 10 Wenchang Road

Sponsored by Shanghai University of TCM and Shanghai Academy of TCM

Organized by Taiji Health Center and Shanghai Qigong Research Institute

Co-organized by Shanghai Health Qigong Association, Association for Yan Huang Culture of China, Taiji Health Center at University of West Attica, and Barcelona Branch of Taiji Health Center

**The symposium is aimed** at promoting health for all human beings, facilitating the exchanges of traditional Chinese Taiji and qigong, improving the treatment and research of modern qigong and expanding the research field of qigong science.

## I. Program outline

- 1. Exchange of academic papers on Taiji Health and Chinese qigong
- 2. The latest progress of Taiji culture and qigong research
- 3. Taiji Health and training of medical qigong
- 4. Exchange of traditional qigong, medical qigong and health qigong

## II. Call for paper submissions

#### Thematic scope:

- 1. Academic research on the philosophical theory of Taiji notion and on the theme of Taiji Health.
  - 1.1 Research on the relationship between Taiji Health and traditional Chinese culture
  - 1.2 Research on the theory and field of qi
  - 1.3 Applied research of Taiji Health services
- 2. Medical qigong clinical applications and research
  - 2.1 Research of medical gigong clinical efficacy and mechanisms
  - 2.2 Clinical experience reports on prevention and treatment of common diseases and rare and complicated illnesses by medical gigong

- 3. Research on health gigong
  - 3.1 Research on health qigong concept and theory
  - 3.2 Research on health qigong efficacy, clinical application and mechanism
- 4. Laboratory research on modern qigong experiments
  - 4.1 Basic research on gigong practice
  - 4.2 Research on biophysical and physical effects of qigong practice

## Paper submission guidelines:

- 1. Each paper generally cannot be exceeded to 5000 printed characters in Chinese (around 3000 words in English).
- 2. The papers can be written in Chinese, Japanese or English. They must incorporate an abstract in Chinese and in English. The abstract cannot be exceeded to 1000 printed characters in Chinese (around 600 words in English).
- 3. Please write the paper in WORD format, send it to shqgywk@163.com and mark the email title with "paper for the qigong symposium".
- 4. Submission period: Expected papers before August 31, 2023.

# III. Registration procedures



Please scan the QR code on the left or visit the website <a href="http://register.shqigong.com/17th.html">http://register.shqigong.com/17th.html</a> to complete the registration form before August 31, 2023.

## IV. Contact

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 $4^{th}$  China-Shanghai International Symposium on Taiji Health &  $17^{th}$  China-Shanghai International Symposium on Qigong Science Organizing Team July 1, 2023